

“Urban Agriculture and Sustainable Communities”: An Analytical Study of Urban Agriculture as a Tool for Achieving Food Security and Sustainability in Modern Cities

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Abstract:

This research discusses the concept of urban agriculture as an effective tool to enhance food security and achieve sustainable development in cities. With increasing urbanization and rising demand for food, urban agriculture becomes an urgent necessity to utilize available spaces in urban environments such as rooftops and public parks. The paper reviews the multiple benefits of this practice, including improving environmental quality, enhancing the local economy, and increasing social interaction between residents. The research analyzes successful local and global experiences in urban agriculture, highlighting its potential to address challenges facing urban communities, such as lack of space, legal restrictions, and Lack of cultural awareness, lack of resources and cultural awareness. The research provides recommendations to promote urban agriculture, including developing supportive policies, providing training and resources, and strengthening community partnerships. Through these recommendations, the paper aims to provide a framework for mainstreaming urban agriculture as a sustainable practice that contributes to improving the quality of life in cities. The results show that urban agriculture not only enhances food security but also contributes to improving the psychological and social health of communities, making it an important tool to meet future challenges in urban environments.

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